

Courts Plus Fitness Center 2010 Volleyball Camp Application

Camper's Name: _____
Address: _____
City: _____ State: _____ Zip: _____
Day Phone: _____ Evening Phone: _____
E-mail: _____
Grade Fall 10: _____ T-Shirt Size: YM YL YXL S M L
School: _____

CAMP TYPE

- Future Star: (3rd & 4th) July 26th - July 30th
- All Star: (5th & 6th) July 26th - July 30th

PAYMENT

- \$50 Check Payable to Courts Plus
 - \$50 Credit Card (Visa/Mastercard)
- Card#: _____ Exp. Date: ____/____
- \$50 Charge Courts Plus Account (Members Only)

MEDICAL INFORMATION

Note any medical condition that we should be aware of.

Emergency Contact: _____

Emergency Numbers: _____

Assumption of Risk/Release

Acceptance of the entry in these events is without responsibility of any kind by Courts Plus Fitness Center, the Fargo Park District, Pepsi, or any other entity sponsoring the event. I do hereby, for and on behalf of myself and my heirs and legal rep., and or legal guardian, by signing below does hereby agree to indemnify and hold harmless Courts Plus Fitness Center, the Fargo Park District, Pepsi, and sponsoring firms from any liability which may occur to the entrant during the event.

Parent/Guardian Signature: _____

Date Signed: _____

QUESTIONS?

Wayne Herrick
701-237-4805
wherrick@courtsplus.org

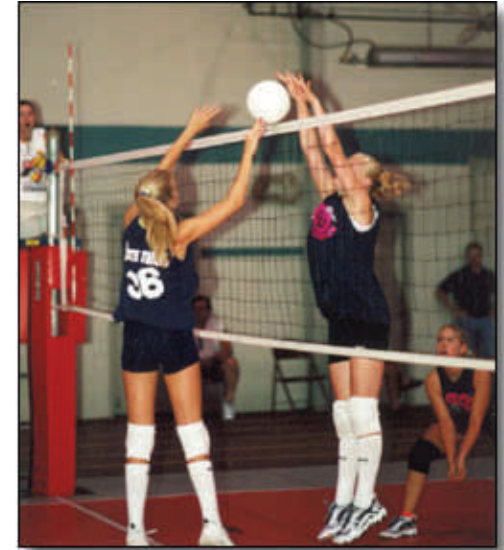
Confirmation Email will be sent upon receipt of registration.

***Phone, Fax and Email registrations will be accepted, but must be paid with Visa/MasterCard.



Courts Plus Fitness Center
3491 South University Drive
Fargo, ND 58104

2010 Summer Volleyball Camps



Courts Plus Fitness Center



www.courtsplus.org



TEAM WORK AND SPORTSMANSHIP

Camp Details

What to bring to camp --

Volleyball clothing: T-shirt, shorts, volleyball shoes (No black-soled running shoes, please) and knee-pads.

A Positive Learning Attitude!!!

Check-In --

All campers must check-in 15 minutes prior to the listed starting time the first day of camp.

Cancellations --

A full refund will be given before the registration deadline. Campers who must leave during the camp due to illness or injury will receive a pro-rated refund based on number of days attended. Campers asked to leave due to disciplinary reasons will not receive a refund.

How To Register --

Registrations will be accepted by mail, fax, phone or e-mail. Fax, phone and e-mail registrations must be paid in full with Visa or MasterCard. Registrations are taken on a first come first served basis.

***Gatorade and Pizza will be served on the last day of camp.



FUTURE STAR CAMP

3rd - 4th Grade

Boys & Girls

July 26th - July 30th

10:00am - 11:30am

Registration Fee: \$50

Deadline: July 19th

This camp will primarily concentrate on skill development. The ultimate goal is for each athlete to improve his or her level of play and understanding of the game. Areas emphasized are ball control, passing, movement skills, footwork and arm swing development.

Campers will also spend time increasing their knowledge of volleyball and understanding of game rules. Sportsmanship, teamwork and having fun will be stressed at all times while campers are participating in drills and competitions.



ALL STAR CAMP

5th - 6th Grade

Boys & Girls

July 26th - July 30th

1:30pm - 3:00pm

Registration Fee: \$50

Deadline: July 19th

This camp is similar to the future stars camp, but designed for the intermediate volleyball player. In addition to basic skill-building, this camp will go a step further and emphasize attacking, blocking, serving and defense. Along with individual skill development, campers will learn team offense and defense. The All Star Camp also includes a variety of team and individual game opportunities.



VISIT US ON THE WEB

www.courtsplus.org