

# GET IN THE GAME OF A LIFETIME!

## CHECK THIS OUT!!

The tennis staff wants you to have a variety of ways to “get into the game.” We encourage you to be on the lookout for the following programs designed to help you enjoy the game of tennis.

**Cardio Tennis** (A high intensity cardio workout designed for any level tennis player)

**High School Team Nights** (Monthly drill sessions for Varsity and Junior Varsity players)

1) Thursday, January 15<sup>th</sup> 2) Thursday, February 12<sup>th</sup> 3) Thursday, March 12<sup>th</sup> TIME: 7:00 – 9:00 PM COST: \$10.00/session

**Mixed Doubles League Sundays 6:00-7:00 PM**

**New Women’s Match Play League** (A competitive, pay as you play, league pairing you with players of similar ability)

**Adult Beginning Drill & Play** (Must be ready for league play) Tuesday Nights Contact Oliver

Courts Plus Fitness Center offers a **FREE INTRODUCTORY LESSON** to individuals interested in learning the basics of **TENNIS!** Arrive ready to play. Please sign-up at the front desk for the times below or contact Jerry, Ryan or Oliver to set up your own group and time!

**Saturday, January 24<sup>th</sup> from 12:00 – 1:00 PM**

**Saturday, February 14<sup>th</sup> from 12:00 – 1:00 PM**

**Saturday, March 8<sup>th</sup> from 12:00 – 1:00 PM**

## GET IN THE GAME!!!!!!!

Adult Program: Thursdays 7:00 - 8:00 PM

**Dates:** Session #1: Jan. 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup>

Session #2: Jan. 29<sup>th</sup>, Feb. 5<sup>th</sup>, 12<sup>th</sup>

Session #3: Feb. 19<sup>th</sup>, 26<sup>th</sup>, Mar. 5<sup>th</sup>

Session #4: Mar. 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup>

Cost: \$30.00 for the lesson series

*(3-week program) Sign-up at the front desk!!!*

*Add \$20.00 for new Wilson racket.*

## Private Group Lessons!!!!!!!

Need help with your game?

Simply talk to one of the Courts Plus Certified Tennis Professionals to set up a group of your own. At a discounted price, this is the best way you can perfect your strokes. Set in a fun environment with your friends, it's your Ad.



## Evening Leagues

### Men's Monday Singles - *Contact Oliver*

January 5<sup>th</sup> – April 20<sup>th</sup> 16 weeks  
Match Times: 6:00 - 7:30 PM & 7:30 - 9:00 PM Fee: \$ 219.48

### Women's Tuesday Doubles - *Contact Oliver*

January 6<sup>th</sup> – April 21<sup>st</sup> 16 weeks  
Match times: 6:00 - 7:30 PM & 7:30 – 9:00 PM Fee: \$117.24

### Men's Match Play League – *Contact Oliver – Please arrive 15 min. early*

January 10<sup>th</sup> – April 25<sup>th</sup> (excluding Feb. 21, Mar. 7, Apr. 11) FEE: \$7.50 Singles  
Match times: 3:30 – 5:00 PM on Saturdays \$10.00 Doubles

### Men's Wednesday Doubles – *Contact Oliver*

January 7<sup>th</sup> – April 22<sup>nd</sup>  
Match Times: 5:30- 7:00 PM (16 weeks) Fee: \$117.24  
7:00 - 8:30 PM (16 weeks) Fee: \$117.24

**Sign-up at  
the front  
desk, or  
contact  
Jerry,  
Oliver, or  
Ryan at  
237-4805.**

## Daytime Leagues

### Friday Senior Men's Doubles - *Contact Jerry – Please arrive 15 minutes early*

January 9<sup>th</sup> – April 24<sup>th</sup> 16 weeks  
Match Times: 1:30 - 3:00 PM on Fridays Fee: \$6.39/week

### Women's Drill & Play – *3.0 and 3.5 Levels Available Contact Oliver or Ryan*

January 7<sup>th</sup> – April 25<sup>th</sup> 16 weeks  
Match & Drill times: (3.5) 9:00 - 10:30 AM on Wednesdays Fee: \$146.12  
(3.0) 9:00 – 10:30 AM on Thursdays Fee: \$146.12

### Men's 4.5/5.0 Davis Cup League - *Contact Oliver*

January 7<sup>th</sup> – April 22<sup>nd</sup> 16 weeks  
Match Times: 8:30 - 10:00 PM on Wednesdays Fee: \$224.48/team

## Flexible Leagues

### Friday Random Women's Doubles Play Day - *Contact Esther*

January 9<sup>th</sup> – May 1<sup>st</sup>  
Match Times: 9:00 - 10:30 AM Fee: \$6.39/week

## Mixed Doubles

### Sunday Night Mixed Doubles Social- *Contact Esther- Please sign up by prior Wednesday*

Dates: Sunday, January 4<sup>th</sup> 5:00 - 9:00 PM Sunday, April 5<sup>th</sup> 5:00-9:00PM  
Sunday, February 1<sup>st</sup> 5:00 - 9:00 PM Sunday, May 3<sup>rd</sup> 5:00-9:00 PM  
Sunday, March 1<sup>st</sup> 5:00 - 9:00 PM **Cost: \$20.00 per couple**

### Sunday Night Mixed Doubles League- *Contact Oliver*

January 11<sup>th</sup> – April 26<sup>th</sup> (League does not meet on Social Doubles Nights)  
Match Times: 6:00 – 7:30 PM Fee: \$15.00/per team per week

## Adult Drill Sessions

### Cardio Tennis - *All Levels Welcome Contact Ryan or Oliver*

Wednesdays 11:00 – 12:00 PM Fee: \$8.00/session  
Thursdays 11:00 – 12:00 PM Fee: \$8.00/session