



YOUTH SPORTS SAMPLER

SUMMER



Get fit. Feel better. Have fun.

The Courts Plus Sports Sampler Program offers participants an opportunity to sample a variety of sporting activities. Fundamentals and games will be used to introduce participants to a new sport every week. This non-competitive program will stress good sportsmanship, teamwork and the idea that having fun is what sports are all about. Signup today at the front desk and join the fun!!!



Who: Boys and Girls

Ages: 5-10 years old

Days: Tuesdays & Thursdays

Dates: July 6th - August 5th

Time: 9:00am - 10:00am

**Cost: \$10 (Members)
\$25 (Non-Members)**

For More Information:

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