

Outdoor Fitness Equipment

Located at Milwaukee Trail Mini Park #1,
17th St S & 361/2 Av S, Fargo

Equipment is on loan from Dakota Fence.

The Fargo Park District is asking the public to use the equipment and provide us with feedback. Your thoughts and suggestions can be sent to info@fargoparks.com.

EQUIPMENT:



Squat Press



Cardio Stepper



Chest/Back Press



Pull-up/Dip



Assisted Row/Push Up



Ab Crunch/Leg Lift